



The Catholic Women's League of Canada

MEMO

DATE: September 24, 2021

FROM: Margaret Schwab, national chairperson of education and health

TO: Parish chairpersons of education and health

CC: Parish presidents, diocesan presidents, provincial presidents and life members (on request)

There is a touch of fall in the air as the heat of this summer fades into shorter days and cooler breezes. The changing of the seasons is a constant reminder of the beauty of this earth that God has created and that we need to be constantly vigilant in our care of this wonderful gift.

Coady International Institute: Annual survey results show many members do not know about Coady International Institute and the work it does helping women from around the globe to become leaders within their communities and how, as members, they can help. The institute is a permanent partner of the League's national voluntary fund. In 2021, the League presented it with a donation of \$13,543.13 through donations from councils across Canada. There is an excellent video from the institute to share with members at youtube.com/watch?v=G4Bm6QtA6CI.

National Catholic Health Care Week: October 3-9, 2021

“At the heart of Catholic health care is a deep respect for the intrinsic value and dignity of every human being and an unwavering commitment to serving all people, from all backgrounds and faiths—especially society's most vulnerable” (Catholic Health Alliance of Canada).

Members recognize and support the work of Catholic health care organizations across the country. A link to prayers and daily reflections is available at dropbox.com/sh/p3zcb5k802wy1sc/AACHKgSq7Ioi47R4jetIOB1ua?dl=0. A social media toolkit is also available at dropbox.com/sh/drw0tj600akt7k0/AAAXWECEju4ckCpD9PH5elB9a?dl=0. Please share this information with members.

Mental Illness Awareness Week: October 3-9, 2021.

Please check the national website or the direct link, cwl.ca/wp-content/uploads/2016/04/mental-health-postcard.pdf, for downloadable mental health postcards to print and send to the minister of health.

Waste Reduction Week in Canada: October 18-24, 2021

This year's theme for Waste Reduction Week in Canada is *Then-Now-Future*. Visit wrwcanada.com for lists of resources available in each province. Encourage members to be the "now" that helps sustain the planet's health for the future.

In this parish mailing, you will have also received information on the annual report survey. I encourage you to take the time to fill it out and remind you to include all of your activities under this committee, even if there is not a specific question. It will help me to know about the tremendous work parish councils are doing.

"Volunteers do not necessarily have the time; they just have the heart." (Elizabeth Andrew)

May Our Lady of Good Counsel inspire within you a heart of service.