

## Discernment: Are You Called?

Catholics are all on a journey of discernment. Many may feel that unless considering a religious vocation, discernment is not for them; however, there are many kinds of ministry Catholic women can undertake to serve their families, church, and God—all of which require discernment. When discerning the path God wishes members to take, think about the gifts He has given you and where you have the greatest opportunity to show your love and God's love for others.



### **Where is God calling you to be? What are your gifts?**

There are many ways to use your gifts in the service of God's people within the League. One of the ways you might be called is to serve on one of the working groups. Four of the seven groups starting this spring are from Goal 3 of the strategic plan and range in time commitments and purpose. The overriding goal of these working groups is to “foster a culture where all life is valued with dignity and respect” (pg. 22, *The Catholic Women's League of Canada Plans Strategically*).

A total of 19 women are needed to populate the four groups from Goal 3, with purposes including reducing League misconceptions, encouraging diversity, creating spiritual programs, and creating parish-based toolkits for short-term outreach and service projects. Approximate time commitments range from two hours per week to three hours per month.

### **Goal 3A: League Misconceptions**

- Use information about past and present League accomplishments to create an awareness program. Applicants will have experience in research and demographics, and knowledge of the League's history.
- Time commitment: May 2020-February 2021. Approximately three hours/month and conference calls as needed.

### **Goal 3B: Encourage Diversity**

- Research and suggest concrete ways to increase diverse cultural and generational representation within the League through social media and *The Canadian League* magazine. Applicants will have experience in research and demographics and using social media, visual arts and other resources to promote an idea or issue.
- Time commitment: May 2020-April 2021. Approximately three hours/month and conference calls as needed.

### **Goal 3C: Toolkits**

- Research and create three adaptable, service-based toolkits (faith, service, social justice), available for download. Applicants will have experience in research (including online), design/visual arts and in creating programs/models for service-based projects.
- Time commitment: May 2020-March 2021. Approximately two hours/week and conference calls as needed.

### **Goal 3D: Spiritual Formation**

- Create new spiritual programs for distribution, as well as a workshop to help members write spiritual programs. Applicants will have experience in writing spiritual prayers, researching copyright-free sources online and creating workshops, experience in programs utilizing a variety of methods/types of prayer, using both media-rich and non-media options.
- Time commitment: May 2020-April 2021. Approximately two hours/week and conference calls as needed.

There are many ways to walk with Our Lady of Good Counsel. What are the gifts that you have to share with the League? It is the implementation committee's hope that through prayer and discernment, you will feel the call to serve on a working group this year.

