

Mount Carmel Spiritual Centre

7020 Stanley Ave.
Niagara Falls, ON L2G 7B7
(905) 356-4113
reservations@carmelniagara.com
carmelniagara.com/

Mount Mary Immaculate Retreat Centre

437 Wilson St. E.
Ancaster, ON L9G 3K4
(905) 648-6292
bookingsmmrc@hamiltondiocese.com
mountmary.ca/

Queen of Apostles Renewal Centre

1617 Blythe Rd.
Mississauga, ON L5H 2C3
(905) 278-5229
office@qoa.ca
qoa.ca

St. Augustine's Seminary

2661 Kingston Rd.
Toronto, ON M1M 1M3
(416) 261-7207
staugustines.on.ca/events

St. Mary of Egypt Refuge

206 Barry Rd.
Madoc, ON K0K2K0
(613) 473-2679
info@stmcollege.ca
stmarysrefuge.org

Villa St. Joseph Ecology and Spirituality Centre

445 Monk St.
Cobourg, ON K9A 2S9
(905) 372-2741
villastjoseph.ca/

Saskatchewan

Myriam of the Prairies

2527 Margaret Pl. E
Regina, SK S4V 1Z4
(306) 761 0528
prairies@famillemymyriam.org
famillemymyriam.org



The Catholic Women's League of Canada

C-702 Scotland Avenue
Winnipeg, MB R3M 1X5

Tel: (204) 927-2310
Website: cwl.ca
E-mail: info@cwl.ca

Inv. #328



CATHOLIC
and **LIVING IT!**

**Retreat Centres for
Spiritual Development**

Alberta

FCJ Retreat & Conference

219 19th Ave. SW
Calgary, AB T2S 0C8
(403) 228-4215
info@fcjcentre.ca
fcjcentre.ca

Providence Renewal Centre

3005 119 St. NW
Edmonton, AB T6J 5R5
(780) 430-9491
info@providencerenewal.ca
providencerenewal.ca

Star of the North Retreat Centre

3A St. Vital Ave.
St. Albert, AB T8N 1K1
(780) 459-5511
programs@starofthenorth.ca
starofthenorth.ca/

British Columbia

Copper Ridge Conference Centre

1371 Quarry Lane
Britannia Beach, BC V8B 1J2
(604) 516 915
contact@copperridgeconferencecentre.ca
copperridgeconferencecentre.ca

Newfoundland and Labrador

Virginia Water Contemplative Centre

47 Parsonage Dr.
Box 21268
St. John's, NL A1A 5G6
(709) 754-1582
virginiawatersretreat@gmail.com
presentationsisters.ca/retreat.html

Prince Edward Island

Martha Spirituality Centre

SDU Place, 45 Great George St.
Charlottetown, PE C1A 4K1
(902) 367-2098
drjoancsm@gmail.com
pei-marthas.ca/spirituality-centre-2/

Our Lady of Hope Retreat Centre

67 Reid Rd.
Breadalbane, PE C0A 1E0
(902) 621-2385
ourladyofhope.pei@gmail.com
hopepei.com/

Ontario

Galilee Centre

398 John St. N
Arnprior, ON K7S 2P6
(613) 623-4242
info@galileecentre.com
galileecentre.com

Gethsemane Ministries

84008 Wellandport Rd.
Wellandport, ON L0R 2J0
(905) 386-1111
info@gethsemaneministries.com
gethsemaneministries.com/

Holy Family Retreat House

121 Victoria St.
RR 1
Harrow, ON N0R 1G0
(519) 738-6136
hfrh@dol.ca
hfrh.ca/

Manresa Jesuit Spiritual Renewal Centre

2325 Liverpool Rd.
Pickering, ON L1X 1V4
(905) 839-2864
director@manresa.ca
manresa-canada.ca